



U10, U11 & U16
ISA National Open Rugby
Friday 18 November 2022
Colchester Rugby Club
CO4 5YX
10.00am-4.00pm

Team Managers Information

Registration: 9.30am – 10.00am

Coach's Briefing: 10.15am

Tournament Timings: 10.30am

Format: Contact

Rules:

Rules are as per age grade regulations – [click here](#)

U10 - 12 players max in squad. Games are likely to be 10 minutes with no break (TBC).

U11 - 12 players max in squad. Games are likely to be 10 minutes with no break (TBC).

U16 - 12 players max in squad. Initial group games are likely to be 2 x 5-minute halves. Knockout games will revert to 2 x 7-minute halves. (TBC)

Playing Surface:

U10's and U11's will be playing on grass pitches.

U16's will be playing on a combination of 3G (artificial grass) and grass.

Anyone playing or officiating on the 3G pitch must be wearing studded footwear.

Strictly no blades, astro's or trainers allowed

Referees:

Schools will be allocated fixtures throughout the day to referee matches where their team are not playing. Thank you in advance for help throughout the day. We will run through any

General Information:

- Players are expected to arrive and depart in their playing kit.
- First named team on the programme takes kick off; the other team can select the field side.
- There are 2 large changing rooms available so these will need to be shared considerately. We recommend your players coming ready to play.

Parking:

There is ample parking available at the venue.

Spectators:

Parents and spectators are welcome to attend the tournament.

First Aid:

This will be provided by Trident Medical. We ask that school staff are first port of call, a signal for medical assistance can then be made if necessary.

Catering/Refreshments:

Teas, coffees, soft drinks, hot food and snacks will be available at the Rugby Club.

Social Media:

Please do tag us in any social media for the event @isasportUK or the hash tag #isasport or follow our Facebook page.

Etiquette

We know that the behaviour of ISA children is already excellent but please encourage your children to thank officials and other members of staff as without them, this opportunity would not be possible. Please adhere to the FA Code of Conduct below. Spectators, Coaches and Players must always refrain from using any negative language. This event is designed to be a fun and enjoyable day for the participants so please respect this by remaining positive!

Cancellation Policy:

Please make every effort to avoid withdrawing from a sporting event without exceptional circumstances. Late cancellations cause significant disruption to the planning of events, can negatively impact on others left in the competition and often sees additional financial costs for ISA to absorb. Upon entry, please ensure the event is not likely to overlap with any existing school commitments, and make sure your head teacher is aware of your visit.

Squad in Touch:

ISA have been working closely with Squad in Touch to offer a sporting communication platform for all National events, and more regional events. If you are looking for a more hassle free, efficient management process, an account with Squad in Touch would offer a dedicated event site offering online entry, event scheduling, team communication and much more. For more information please contact [ISA Sport](#) or [Squad in Touch](#). This platform for ISA event organisers is completely free of charge, when signing up just choose 30-day free trial, which will then extend automatically.

Important Documents:

The following documents can be found on the on the sports area of the ISA website under [Event Resources](#):

- ISA Code of Conduct for Sport
- ISA Pupil Images Protocol
- Area Event Risk Assessment Form
- Printable Sports Certificates
- The Outdoor Kinds Sun Safety Code

If you have any questions, then please do contact Emily or Jordan using the email below:

Emily Ward: ISA National Sports Officer	Jordan Carter: ISA National Sports Assistant
Direct: 01799 610 189 Mobile: 07842 767163 Email: isasport@isaschools.org.uk	Direct: 01799 610 181 Mobile: 07842 767 165 Email: isasport@isaschools.org.uk
ISA Office: 01799 523 619 Web: www.isaschools.org.uk/sports	ISA Office: 01799 523 619 Web: www.isaschools.org.uk/sports